

Rising Practices & Policies in our Workforce: Region 9 Pacific Southwest MHTTC's Spring & Summer Learning Series 2022

How might we—as the mental health and school mental health workforce—evolve our own practices and policies to meet the evolving needs of the people and systems we serve?

Throughout this Spring and Summer of 2022, we offer a free, virtual, four-part learning series. Join our region to explore emerging issues and choices to raise practices and policies that are creative, innovative, and responsive. Join us in dialogue and discovery!

Whether we serve clients (adults, young people, or children) or support the supporters, there is a critical need to strengthen the workforce. We start by understanding what is working now and what no longer serves us. Through these conversations, we can identify new ways of providing services that better meet current and future workforce needs.

SESSION 1:

Launching 988: What Do We Need to Know & How Might it Go?

MONDAY, MAY 9, 2022

SESSION 2:

Mitigating Distress & Maximizing Supports for Refugees from War

MONDAY, JUNE 13, 2022

SESSION 3:

Working with Youth & Families Experiencing Homelessness & Home Insecurity

MONDAY, JULY 11, 2022

SESSION 4:

Mental Health & Student Mental Health Workforce: The Woes & Wonders of Recruitment & Retention

MONDAY, AUGUST 8, 2022

All Session Times are: 3:00 - 4:15 p.m. PT • Optional Discussion: 4:15 - 4:45 p.m. PT

Note

- Each session will offer a speaker or multiple speakers, and will be followed by optional discussion sessions moderated by our Center's staff.
- All sessions are open to anyone (mental health or school mental health professionals).
- Session speakers and examples shared will be from our Center's focus area, SAMHSA Region 9 states and territories, including: Arizona, California, Hawaii, Nevada, and U.S. Pacific Islands of American Samoa, Guam, Marshall Islands, Northern Mariana Islands, Federated States of Micronesia, and Palau.

Register for one, some, or all of the sessions ►



SESSION 1:

Launching 988: What Do We Need to Know & How Might it Go?

MONDAY, MAY 9, 2022

Main Session: 3:00 - 4:15 p.m. PT

Optional Discussion: 4:15 - 4:45 p.m. PT

[\(Find your local time zone here\)](#)

Join us for a panel discussion about how school and mental health leaders from our region are preparing their workforce for the launch of 988, the new National Suicide Prevention Hotline. On July 16, 2022, a three-digit, national mental health crisis hotline (mandated by the federal government in October 2020) will launch nationwide. When people call, text, or chat 988, they will be connected to trained counselors that are part of the existing National Suicide Prevention Lifeline network. The expansion of the current National Suicide Prevention Lifeline program to effectively triage, respond, and stabilize individuals experiencing a mental health crisis will require significant workforce expansion and training. This session invites regional 988 implementers to share opportunities and challenges during this transition.

In this session, we explore:

- What is 988, and what might it mean for our region? What are some promising and cautionary elements of this rising practice?
- How might our workforce successfully transition from the Suicide Prevention Lifeline model to the 988 model?
- How might we engage meaningful partnerships in this transition?
- What challenges do we foresee at the workforce level, and what training, resources, or other support would help resolve these challenges?
- What might be some rising practices, policies, and successful strategies for 988 adoption and integration?

SESSION 2:

Mitigating Distress & Maximizing Supports for Refugees from War

MONDAY, JUNE 13, 2022

Main Session: 3:00 - 4:15 p.m. PT

Optional Discussion: 4:15 - 4:45 p.m. PT

[\(Find your local time zone here\)](#)

The recent war in Ukraine is elevating the need for mental health and school mental health systems, services, and supportive providers to grow our knowledge and skills responding sensitively to clients and students who are refugees from current and previous wars.

Join us to hear from speakers across our region who have lived experience with the impact of war. These mental health and school mental health providers share strategies for working with individuals who have survived wars and navigated the ensuing primary, secondary, and vicarious traumas that resulted from this experience.

In this session, we explore:

- What might be fundamental elements of providing care and services to those who are war impacted?
- What might be ways that experiencing secondary or vicarious war impacts survivors' recovery (e.g., how might seeing the war in Ukraine impact the mental health of Afghani refugees in California, Ecuadorian asylees in Arizona, or native Pacific Islanders in Guam)?
- How might therapists, peer specialists, social workers, and other providers adapt services to ensure cultural humility and responsiveness?
- What are the rising practices and policies emerging to help us help?

Register for one, some, or all of the sessions ►





SESSION 3:

Working with Youth & Families Experiencing Homelessness & Home Insecurity

MONDAY, JULY 11, 2022

Main Session: 3:00 - 4:15 p.m. PT

Optional Discussion: 4:15 - 4:45 p.m. PT

[\(Find your local time zone here\)](#)

Our region's students are experiencing homelessness and home insecurity at a staggering rate (California alone is holding 28% of our nation's students experiencing homelessness), and COVID has only exacerbated the critical housing shortage. Examining ways in which community-based organizations, mental health systems, and school services are responding to the issues, challenges, and needs of this critical experience offers learning for all providers.

Join us and providers throughout our region as we examine the alarming structural issue of home insecurity and what rising practices and policies are emerging to meet the needs in our region.

In this session, we explore:

- How might we interrupt the stigmatization of homelessness and foster safe and equitable access to mental health services that are needed because of home insecurity?
- How are school and community-based mental health partners utilizing the McKinney-Vento Homeless Assistance Act and other federal funding streams to maximize the workforce's skill and support?
- How might we increase access to school services and supports that reduce barriers to student engagement?
- How might we collaborate with services that address compounding issues (e.g., interpersonal violence, the foster system) to be innovative in our approaches?

SESSION 4:

Mental Health & Student Mental Health Workforce: The Woes & Wonders of Recruitment & Retention

MONDAY, AUGUST 8, 2022

Main Session: 3:00 - 4:15 p.m. PT

Optional Discussion: 4:15 - 4:45 p.m. PT

[\(Find your local time zone here\)](#)

At this moment, we are experiencing a huge rise in need for mental health services in our communities and schools, and at the same time, experiencing a large attrition rate of providers.

Join us for a discussion with pre-service and in-service mental health and school mental health leaders to discuss how to address the supply and demand gap: challenges, rising practices and policies, and questions to hold.

In this session, we explore:

- What are the disparities between what the field needs and what trained professionals are able to provide?
- What are innovative ways pre-service and in-service graduate school programs are creating, incentivizing, credentialing, and certifying?
- How might we onboard and retain a new wave of providers in the context of new funding?

Register for one, some, or all of the sessions ►

