



**Priming Resources**  
**Needs and Joys of our (Im)migrant\* Students, Families, and Community Partners:**  
**Exploring and Expanding our School Mental Health Practice**  
**Spring 2021**

Pacific Southwest MHTTC Resources

- **Trauma Informed Care Related to Immigration**
  - [The Needs and Joys of our \(Im\)migrant\\* Students, Families and Community Partners: Exploring and Expanding our School Mental Health Practice | Mental Health Technology Transfer Center](#)
  - [Creating Trauma-Informed Policies: A Forum for School and Mental Health Leaders](#)
  - [Trauma-Informed Suicide Prevention for Educators: Stories, Science, and Strategies](#)
  - [Supporting Students and Staff in the Aftermath of Crisis and Loss](#)
  - [COVID-19 and Mental Health Resources \(6 Topical Resource Kits Available\)](#)
  - [When School Starts Back: Helping Students, Staff, and Yourself Cope with Crisis During the COVID-19 Pandemic](#)
  
- **Cultural responsiveness**
  - [The Why, What, and How: Addressing the Social Determinants of Mental Health in the Pacific Southwest Region](#)
  - [Low Barrier Access to Mental Health Services for Youth and Young Adults: What Works with What We've Got](#)
  - [Delivering Mental Health Services Through a Cultural Lens: What Can We All Do?](#)
  - [Building Skills for Cross-Cultural Communication and Resilience During COVID-19](#)
  
- **Implicit Bias Webinar Series**
  - [How Implicit Bias Affects our Work: Starting with the Individual](#)
  - [How Implicit Bias Affects our Work: Relationships with Clients](#)
  - [How Implicit Bias Affects our Work: Organizational Culture and Climate](#)
  - How Implicit Bias Affects our Work: Engagement with Communities *Recording link coming soon.*



- Suicide prevention and questioning
  - [Suicide Prevention: Assessing the Environment and Culture for Risk](#)
  - [Culturally Responsive and Socially Distanced Suicide Prevention: Safety Planning and Other Resources in Pandemic Times](#)
    - [Latiné/x & Chican@ Student Mental Health: Considerations for Suicide Prevention](#)
  - Psychological First Aid (listen, protect, connect)
- Staff Burnout
  - [Self and Collective Care for Healthy Workplaces](#)
  - [Wellbeing Through Crisis: Emotional PPE](#)
- Cultural responsiveness
  - [Community-Defined Evidence: A Culturally-Appropriate Approach to Meeting the Mental Health Needs of Diverse Populations](#)
  - [Integrating Cultural and Linguistic Competence: Leading from Where You Are](#)
  - [Community-Defined Evidence: A Culturally-Appropriate Approach to Meeting the Mental Health Needs of Diverse Populations](#)
  - [Youth and Young Adult Mental Health Resources 2019](#)
  - [Youth and Young Adults: Focus on Self Care](#)
- Psychological First Aid (listen, protect, connect)
  - [Virtual Adaptations of Psychological First Aid](#)

## External Resources

- [Suicide Prevention: Identifying and Modifying Risk Factors That Can Lead To Suicide Attempts In Latino Youth | Prevention Technology Transfer Center](#)
- [Psychological First Aid \(PFA\) and Skills for Psychological Recovery \(SPR\)](#)
  - They will offer this course online in the summer
- [The National Childhood Traumatic Stress Network- Refugee Trauma](#)
- [Resources Related to Traumatic Separation and Refugee and Immigrant Trauma](#)
- [Fact Sheet: Information on the Rights of All Children to Enroll in School](#)
- [ACLU FAQ For Educators on Immigrant Students in Public Schools](#)
- [Immigrant and Refugee Children: A GUIDE FOR EDUCATORS AND SCHOOL SUPPORT STAFF](#)
- [Refugee Behavioral Health National and Regional Resources Substance Abuse and Mental Health Services Administration](#)
- [Families Belong Together](#)
- [Department of Education Office of English Language Acquisition Newcomer Kit](#)
- [Migrant Clinicians Network](#)
  - [Behavioral Health | Migrant Clinicians Network](#)
  - [The COVID-19 Pandemic | Migrant Clinicians Network](#)



- [Support for Youth and Families of Undocumented Status](#)
  - [Behavioral Health | Migrant Clinicians Network](#)
  - [The COVID-19 Pandemic | Migrant Clinicians Network](#)
  - [Support for Youth and Families of Undocumented Status](#)
- Boston Children's Hospital [Trauma and Community Resilience Center](#)

### Staff burnout and secondary trauma

- Book: [Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others](#) and the [Trauma Stewardship Institute](#)
- [Compassion Fatigue series](#) hosted by the Pacific Southwest MHTTC (YouTube version coming soon)

### Culturally Responsive Suicide Prevention:

- [Gathering of Native Americans \(GONA\)](#)

### Non Clinical Staff

- Psychological First Aid- Free training <https://learn.nctsn.org/course/view.php?id=555>
- Primeros Auxilios Psicologicos- <https://learn.nctsn.org/course/view.php?id=539>

### Clinical Staff

- Trauma-Informed Care: Understanding and Addressing the Needs of Unaccompanied Children (Webinars are available in Spanish as well)
  - 4-part series outlining culture, addressing trauma, nuances and connecting with children
  - 2 of the webinars are geared to nonclinical staff
    - <https://learn.nctsn.org/course/index.php?categoryid=82>
  - [Refugee and Immigrant Core Stressors Toolkit](#)

### Literature

- [Traumatic Separation and Refugee and Immigrant Children](#)
- [Trauma and mental health needs of immigrant minors: Part One](#)
- [Trauma and mental health needs of immigrant minors: Part Two](#)
- [Unaccompanied Migrant Children](#)
- [For Immigrant Families, Language Opens Door to Healing from Trauma](#)
- [Addressing the Mental Health Problems of Border and Immigrant Youth](#)
- [Tackling Trauma: An Introductory Training Manual for Direct Practice With New Immigrants, Refugees and Asylees \(2014\). Laura Buckley and Mariana Folco, University of Pennsylvania](#)

### Caregivers

- [Guiding Caregivers: How to talk to a child about Deportation or Separation](#)
- [Una Guía Para Los Cuidadores: Como Hablarle a un niño/a Sobre la Deportación o Separación](#)