



The Needs and Joys of Our (Im)migrant Students, Families, and Community Partners: Expanding our School Mental Health Practice

Session 2: Fronterismo – Supporting Transborder School Mental Health

REFLECTION TOOL

Reflect and Reconnect #1

- What Impact does daily border crossing have on students? Family? School?
- What are your initial thoughts/questions regarding working and services for Transborder students?

Reflect and Reconnect #2

- What are policies that may have a potential impact?
- What are ways their daily journey impacts the identity formation?
- What potential impact does COVID-19 have on their daily school journey?

Reflect and Reconnect #3

- What are the strengths of the family?
- What can we learn about wellness and mental health from non-culturally dominant cultures?

Action Steps

Take a moment to reflect on a takeaway on today's session.

- What are some strategies that my school/district has in place to support Transborder/Fronterizo students and families? (E.g., trainings for staff, trainings for parents.)