Shining a Light on API Mental Health in the Time of COVID-19

May is Asian Pacific Islander (API) Heritage Month and Mental Health Awareness Month

COVID-19 has forever changed the landscape of this country

This roundtable is the first of a series that will address key issues including:
- The mental health implications for APIs, including the impact of racism
- The relationship between mental and physical health
- Strategies to cope with COVID-19 and trauma
- Creating healthy communities beyond the current pandemic

Join us for an interactive virtual roundtable on:

Friday, May 15, 2020
- 12:00-1:30pm PT
- 1:00-2:30pm MT
- 2:00-3:30pm CT
- 3:00-4:30pm ET

Register here!

This is intended for a general audience.

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